

**Jeff Nigro, DPM**

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Soothing, effective treatments for:

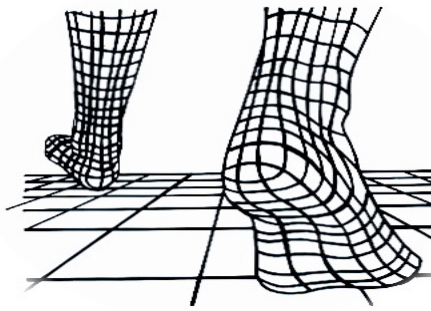
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Administrative office

127 Columbia Ave  
Vandergrift, PA 15690  
724-567-7520  
FAX 724-568-2172



## Post-Op Instructions for **Permanent** Nail Surgery

### **Beginning tomorrow:**

You may bathe or shower. Remove the dressing. Clean the surgical area with warm, soapy water.

Dry well. Apply antibiotic ointment (Bacitracin or triple antibiotic ointment); **gauze** and tape or Coban to secure the dressing.

We **DO NOT** recommend Neosporin. No Band-Aids directly to the surgical site.

Soak the foot (2 tablespoons of Epson Salts per quart of **warm** water) once a day for 10 minutes. Manipulate the surgical area by pulling down and back on the skin edge to keep the area open and draining. **DRY WELL.** Apply ointment and fresh dressing.

As the drainage slows and the wound is comfortable, remove the dressing while sleeping and apply a fresh dressing in the morning.

**Continue these instructions until your next scheduled appointment.**

Call the office if any excessive bleeding or drainage occurs. Some pain is normal – you may take Tylenol if needed.

Doctors' & Staff  
Nigro Ankle and Foot Care

[www.PittsburghFootAndAnkle.com](http://www.PittsburghFootAndAnkle.com)